

SOAP Journal Bible Study Method

S for Scripture

Open your Bible to the daily reading. Take your time reading the passage and allow God to speak to you. When you are finished, look for a story, paragraph, or verse that particularly spoke to you. Write it in your journal.

O for Observation

Who is speaking? Who is listening? What's going on in the passage? What do you think God is saying through this scripture? Are there any instructions to follow? Are there any principles to learn? What is being said to people of all generations in this passage? Ask the Holy Spirit to teach you and reveal Jesus to you. Record any observations in your journal. Paraphrase and record this scripture in your journal, too.

A for Application

Personalize what you have read by asking yourself how it applies to your life right now. Perhaps it is instruction, encouragement, revelation of a new promise, or correction for a particular area of your life. Record in your journal how this Scripture can apply to you today.

P for Prayer

This can be as simple as asking God to help you use this scripture or it may be a greater insight on what He may be revealing to you. Remember, prayer is a two-way conversation, so be sure to listen to what God has to say! Now, write out your prayer. When you are finished, go back to the top of the page and give your daily entry a title. In your table of contents, at the front of your journal, write on one line the date, your title, the scripture reference, and the page number for that entry. This will provide you a listing of all the daily things the Lord has been speaking to you.